

Coaches

Bill Edmiston	503.780.3575	Bill@SpragueRball.com
Don Kerzel	503.881.6445	Don@SpragueRball.com
Eric Nelson	503.508.9075	Eric@SpragueRball.com
Dan Arnold	503.949.4111	DanA@SpragueRball.com
Dan Goettsch	503.314.4236	DanG@SpragueRball.com
Arash Afshar	503.510.9021	Arash@SpragueRball.com
Ryan Edmiston	503.991.1331	Ryan@SpragueRball.com
Nate Buring	503.689.0160	Nate@SpragueRball.com
Lisa Edmiston	503.510.2709	Lisa@SpragueRball.com

Sprague Racquetball 2023-2024 draft

SpragueRball.com

Group Messaging!
Join by texting
@rball2324 to 81010

Practices

Sun 2-4 @ South	Sun 4-6 @ South (3:40 cardio)
Wed 7-9 @ South (6:40 cardio)	Thu 6-8 @ South
<p>Note: Practice times will be adjusted as the season progresses. Please attend the practices you are assigned to, ask permission if you want to attend a different practice, and always let a coach know if you are unable to make your assigned practice. Your two practice sessions a week are considered mandatory! Be 10 minutes early so you can be ready on-time!</p>	

Events

September	17th	First practices!
October	1st	Gear Store Closes (Click gear store from the SpragueRball.com menu)
	5 th – 8 th	ORA Tournament – Timberhill Open - Corvallis
	22 nd	Registration forms for league are due – bring to practice! [\$70]
November	9th - 12th	ORA Tournament – Turkey Shoot– Sunset Athletic Club
	18th	League Match #1
	26th	Online Auction items due!
December	1st-3rd	ORA Tournament - John Pelham Tournament of Champions - MAC
	4th – 9th	Online Auction is held!
	9th	League Match #2
	16th	League Match #3
January	7 th	Player/Parent Mtg about State [\$45] and Nationals Fees Announced
	13th	League Match #4
	9 th	Gear Store Closes (Click gear store from the SpragueRball.com menu)
	21st	Nationals Money due [\$TBD] and Nationals Meeting
February	1st-4th	High School State Championships (MAC – Portland)
	11 th	Josh Nelson Scholarship Application Due
	14-19th	ORA Tournament - Beaver Classic at Timberhill
	27-March 3rd	High School National Championships (St. Louis, Missouri)
March	13-17 th	ORA Tournament – Oregon State Championships – Salem S. River Rd!
	17 th	Sprague Rball Year-End Potluck!
April	18 -21st	ORA Tournament – Regionals – Cascade Athletic Club
May	TBA	Josh Nelson Memorial Tournament!
Note – Bolded events are considered mandatory team events		

www

Use our Web Site for Match Times and Locations	www.SpragueRball.com/Season
The up-to-date source for notices/forms/calendar/pics	
Oregon Racquetball Web Site (match locations and times will also be posted here)	www.highschoolracquetball.org
www.facebook.com/SpragueRball * Instagram/spraguehs_racquetball	